

October 2022



Sun	Mon	Tue	Wed	Thu	Fri	
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2	3 Cereal & Toast Spaghetti Carrots	4 Donut Chicken Tenders Mashed Potato	5 Yogurt Walking Taco Corn	6 Muffin Baked Potato Ham & Cheese	7 Donut Holes Burger Fries	8
9	10 NO SCHOOL	11 Cereal & Toast Chicken Alfredo Green Beans	12 Cinnamon Roll Grilled Cheese Tomato Soup	13 Egg, Sausage, & Cheese Bakes Scalloped Potato & Ham	14 Long John Philly Ch.Steak Sub Baked Beans	15
16	17 Cereal & Toast Beef Stroganoff Peas	18 Muffin Sloppy Joe Smiley Fries	19 Donut Buf.Chicken Fltb. Baked Beans	20 Yogurt Salisbury Steak Mashed Potato	21 Poptart Chicken Patty/Bun Tri Taters	22
23	24 Cereal & Toast Nachos Corn	25 Cinnamon Roll Sub Sandwich Green Beans	26 Brkf. Sandwich Garlic Cheese Boats Carrots	27 Long John Pulled Pork/Bun Baked Beans	28 Rice Krispy Bar Chicken Tenders Mashed Potato	29
30	31 Cereal & Toast Pizzawich Carrots					